



Mental Health Week Calendar of Activities for the Sunshine Coast

Sunday 10th	Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th
<p>Fusion Festival Cotton Tree Park Maroochydore 10.00-4.00pm</p> <p>Contact Community Focus 5479 3110</p> <p>An initiative of Community Focus & mental Health Week Steering Committee</p>	<p>Mental Health Leadership Team</p> <p>A forum to discuss how we build on established initiatives of govt and non-govt sector. Guest speaker Marion Wands from Connetica</p> <p>For details contact Community Focus on 5479 3110</p>		<p>“Rainbows in a Material World”</p> <p>Tie dye at Cooroy</p> <p>Presented by MIFQ.</p> <p>10.30-1.00pm</p> <p>Phone 5472 0529 for registration and more details.</p> <p>Mental Health Fundraiser</p> <p>Goodlife Church in Buderim. Call Community Focus for more details 5479 3110</p>		<p>Youth Summit www.sunshinecoastyouth.com/sc-youth-summit/ for more information.</p> <p>Carers/ Consumers Forum “Reframing Relationships”</p> <p>Discussions between individuals, families and friends about self care. 9.30-12.00</p> <p>Millwell Rd Maroochydore Call Carers QLD on 5451 1882 or Community Focus on 5479 3110 for details.</p> <p>Trivia Night 7.00pm at Millwell Road Community Maroochydore An initiative of the Aust College of Nurses.</p>

